



Handlers Choice

Aluminum Teeter Instructions

One or two section rubber contact surface



Step one – Assemble two section rubber contact surface using the hex key and screws provided . If you have a one piece running surface continue to step two

Step two –Unpack the teeter base and using the hex key provided attach the support bars to the upright and the base.

You can adjust the height by changing the base bar location

Step three – Attach the running surface to the base using the hinged channel lock and wing nut on the base of the running surface



Your Teeter may include an optional directional Balance mechanism
Simply assemble the Balance weight under the teeter running surface
as shown below

